



SKATING SCHOOL ENROLLMENT

 NEW

 RENEWAL

 LEARN TO PLAY HOCKEY

 SKATE WITH ME (TOT)

 LEARN TO SKATE

 ADULT FREESTYLE

 ISI CLUB

 OTHER _____

CURRENT MEMBERSHIPS

 ISI

 USFSA

 USA HOCKEY

 ASU

 OTHER: _____

MEMBERSHIP INFORMATION: _____

STUDENT INFORMATION

NAME _____ AGE _____ D.O.B. _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

DAY PHONE _____ EVENING PHONE _____

EMERGENCY CONTACT _____ EMERGENCY PHONE _____

COMMENTS

PREVIOUS EXPERIENCE: _____

CHECK HIGHEST LEVEL PASSED:

TOT: 1 2 3 4

LEARN TO SKATE: NS PRE-ALPHA MID-ALPHA ALPHA BETA GAMMA DELTA

FREESTYLE: 1 2 3 4 5 6 7 8

PAYMENT

DATE OF 1 ST CLASS	INSTRUCTOR	CLASS TIME	CLASS DAY	# OF WEEKS	AMOUNT DUE	AMOUNT PAID	CASHIER	DATE PAID

APPLICANT / PARENT / GUARDIAN

I (WE), THE UNDERSIGNED, FULLY UNDERSTAND THE POSSIBLE HAZZARDS INHERENT IN THE SPORT OF SKATING AND I (WE) AGREE TO HOLD THE SKATING ARENA AND ALL OF IT'S ASSOCIATES HARMLESS AND NOT LIABLE FOR ANY INJURY AND/OR ACCIDENT SUFFERED BY MY (OUR) MINOR CHILD AND OR MYSELF WHILE ENGAGED IN THE SKATING ACTIVITY.

Signature (if under 18, Parent or Guardian must sign) _____

Web Address
www.planeticeusa.com

Ph# 262-7465
195 Jari Drive, Suite 200,

Fx# 262-9494
Johnstown, PA 15904

Email Address
pplanetice@aol.com

ISI CLUB

GROUP LESSONS AT THEIR FINEST!

Our top coaches teach intermediate freestylers in a clinic atmosphere. This style of lesson is a perfect "next step" for those who have advanced beyond our Learn To Skate classes. For Delta through Freestyle Five level skaters, it is also an ideal supplement to private lessons. This six week course moves you through stations that focus on power, spins, jumps, footwork, choreography and much, much more...

SIX WEEKS JUST:

\$74.95

CONTACT THE
ADMISSIONS OFFICE
FOR CLASS TIMES.

PRIVATE LESSONS

FIGURE AND HOCKEY LESSONS ARE AVAILABLE ON A PRIVATE BASIS TO SHAPE OUR FUTURE CHAMPIONS. INFORMATION ON THESE CAN BE OBTAINED THROUGH THE ADMISSIONS OFFICE OR SKATING DIRECTOR.

\$10 - \$20 PER HALF HOUR

FATHER

EVERY SUNDAY

4:15PM - 5:15PM

& SON

HOCKEY

A CHANCE FOR DAD TO GET ON THE ICE AND PASS ON A TIME HONORED TRADITION. WE ARE GLAD TO PROVIDE A COACH AT NO EXTRA COST TO HELP WITH THE FINER POINTS. THIS PASS AND SHOOT STYLE SESSION IS DESIGNED FOR PLAYERS OF ALL AGES AND ABILITY LEVELS.

\$10.00

PER CHILD - ONE FREE ADULT WITH EACH PAID CHILD PLAYER

LEARN

TO SKATE



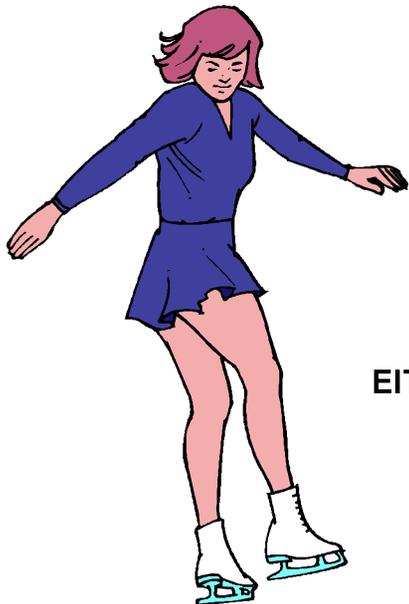
BEGINNER, INTERMEDIATE, AND ADVANCED SKATING LESSONS

(814) 262-RINK

195 JARI DRIVE - JOHNSTOWN, PA 15904

BASIC SKATING CLASS

The fundamentals of skating are taught in a comprehensive, weekly program governed by the International Skating Institute. Skaters of all ages benefit from the group skating atmosphere as others of their ability level face the same challenges. Together you begin by learning forward & backward skating, turning, safe stopping as your class maneuvers through a series of freestyle ice skating basics. Good Skating!



EACH ENROLLMENT OFFERS:

A ONE HOUR CLASS EACH WEEK
EIGHT FREE PUBLIC SKATING PASSES*
FREE RENTAL SKATES
DISCOUNTS IN THE PRO SHOP DURING ENROLLMENT
DISCOUNTS FOR ADDITIONAL FAMILY MEMBERS

EITHER PROGRAM ONLY

\$79.95

FOR A EIGHT WEEK COURSE

LEARN TO PLAY HOCKEY

This group-style class teaches the basics of playing the great sport of hockey using guidelines set forth by the professionals at USA Hockey! Hockey stopping, stick handling, passing, power skating, shooting and other drills are run to sharpen your hockey skills. Goalies are also welcome to learn the cat-like reflexes this difficult position demands. Full hockey equipment is required for this class.



*PASSES GOOD ON DESIGNATED SESSIONS

LEARN TO SKATE

PROGRAM INFORMATION

Welcome to our “Planet” and the fun and fabulous sport of ice-skating! If you feel that you are an “alien” to the sport, the following information is provided to increase your understanding and enjoyment of the “Learn to Skate” sessions.

ABOUT OUR COACHES:

We know that it is essential to get you or your child off on the right foot, or blade, by teaching the proper technique right from the start. We are proud to provide low cost lessons with our exceptionally talented and experienced elite coaching team.

In order to provide you with the best coaching possible, it may be necessary to have different Planet Ice staff coaches throughout your learning experience. This is due to competition schedules and national training schools that our coaches are required to attend. Some students, especially our tots, may get very attached to their coach and may have difficulty adjusting to a new face. This is natural. However, our coaches have a great deal to offer and will enhance your child’s learning experience. Please help to encourage your skater so they will be able to learn with a variety of different coaches. We want them to love skating, not just one coach. It will not be long before they are familiar with every coach on staff.

LEVELS:

You will be receiving a certificate with a gold seal at the completion of each level. After completion of Tot 1-4 and Pre Alpha through Delta every "graduate" is presented with our “Learn to Skate” medal. At the completion of the freestyle levels a trophy is awarded. The various levels are: Tots 1, Tots 2, Tots 3, Tots 4, Pre-Alpha, Mid-Alpha, Alpha, Beta, Gamma, Delta, Freestyle 1-8 and Adult. Our ISI (Ice Skating Institute of America) programs will take you step by step through all of the skating maneuvers that you will need to become an accomplished skater. Whether your interest is in recreational or competitive skating, hockey or freestyle, we have the class for you!

SKATES:

You will need a good pair of properly fitted skates. They should fit like a sock, not like a sloppy tennis shoe, and are usually 1 to 1 1/2 sizes **smaller** than your normal shoe size. The boot should be firm enough to support the ankle, and only one thin pair of socks should be used. Properly sharpened skates will be necessary.

HELPFUL HINT:

Skates can be expensive. Be sure to enlist the help of your Planet Ice skating professional to ensure proper fit and selection. Our coaches will be glad to guide and fit your boot properly. This will help to ensure that the boot and blade are correctly sized, and of the necessary quality to meet your skating level and goals. Skaters are helped or hindered by a skate so take advantage of our expertise! Buying a skate with too much “growth” room will cause it to break down early and will not provide the foot with enough support. Our pro shop will be offering quality skates from trusted companies and will be able to meet the needs of the beginner through the competitive skater.

LACING:

Loosen the laces, pull the tongue forward and place your foot into the boot. Pull the laces to hold the foot firmly but not too tightly. The tightest point should be over the instep.

CLOTHING:

You will need gloves, and loose, layered clothing that is not bulky or binding.

EVALUATION:

Every element in the level must be achieved before a certificate is earned. Do not expect this to be accomplished in just one session. Even if many of the elements in a level are achieved, it is necessary to attain them all to progress to the next level. Re-evaluation is common and should not lead to discouragement. Since evaluation is on a regular basis, you may be in a class where others have already accomplished many of the elements that are necessary for that level. Therefore, you should not gauge your progress in comparison to the other students in the same class. It is essential for your progress and safety that skills are perfected before you are expected to attempt the more difficult skills in the next level.

TOT PARENTS:

You may discover that at first your children may spend more time on their hands and knees than upright. They may be reluctant at first or may even cry. This is not uncommon for this age group, and our instructors are prepared to deal with this. If your child is crying, the instructor may choose to send them to you for a few minutes of comfort, but will include them again when you return them to the ice. A few may need time to adjust to this new learning experience. However, it will not be long before your tots are up and moving and joining in on the fun.

Provide the children with warm gloves, a hat and loose, layers that will not restrict movement.

SPECIAL NOTES:

Try to arrive 15-20 minutes in advance of your lesson time to lace your skates. Remember to register one to two weeks in advance of the new "Learn to Skate" session. This will aid us in grouping the classes.

NEXT STEP:

Our Planet Ice ISI "Learn to Skate" program is just the launching pad to more skating opportunities. Once you have acquired the basics, you can move on to our ISI group lessons that focus on power, spins, jumps, footwork, and much more! You may choose to advance to a private coach and take part in higher levels of recreational or competitive skating, or you may choose to take advantage of the many hockey programs that we offer.

PRIVATE LESSONS:

Additional practice time and private lessons are available on a regular basis on our Freestyle Ice sessions. Our private coaches are members of the United States Figure Skating Association / Professional Skaters Association International / Ice Skating Institute. You can contact an available coach through the skating director or by approaching them directly.

Be selective when choosing a coach. Being a "Coach Hopper" is not in any ones best interest and may lessen your chances of being accepted as a student. However, you may request a few "trial" lessons once you have decided upon a coach.

You should be sure that the coach you choose is one you can "live" with and one that the skater will be able to work well with over an extended period. Not every student is right for every coach. We would encourage you to attend a few freestyle sessions and observe before choosing. Arrangements can be made through the Skating Director, Jan St. Clair or by contacting the coach of your choice. If you have any questions or concerns, please contact **Jan St. Clair: 262-7465**.

Amir Babaev	L.T.S. / Private/ Competitive	535-2011
Laurie Bowers	L.T.S. / Private/ Competitive	446-6017
Shauna Fuge	L.T.S. / Private/ Competitive	255-6505
Terry McConnell	L.T.S. / Private	479-2442
Jan St. Clair	L.T.S. / Private/ Competitive	262-7465
Annie Kowtownik	L.T.S. / Private	262-7465 (See Jan)
Carla Blaisdell	L.T.S. / Private / Intern	495-7020
Linda DiLoreto	L.T.S. / Private	467-4449
Laura Stefanik	L.T.S. / Intern	262-7465 (See Jan)

Skating School Schedule-May, June and July

CLASS NAME	LESSON NUMBER	DAY /TIME	DATE
"Skate With Me"	Lesson #7	Thurs. 10:00 – 11:00	May 2
"Skate With Me"	Lesson #8	Thurs. 10:00 – 11:00	May 9
"Skate With Me"	Bring a Friend Party!	Thurs. 10:00 – 11:00	May 16
"Skate With Me"	Lesson #1	Thurs. 10:00 – 11:00	May 23
"Skate With Me"	Lesson #2	Thurs. 10:00 – 11:00	May 30
"Skate With Me"	Lesson #3	Thurs. 10:00 – 11:00	June 6
"Skate With Me"	Lesson #4	Thurs. 10:00 – 11:00	June 13
"Skate With Me"	Lesson #5	Thurs. 10:00 – 11:00	June 20
"Skate With Me"	Lesson #6	Thurs. 10:00 – 11:00	June 27
"Skate With Me"	CLOSED –HAPPY 4TH!	CLOSED – HAPPY 4TH!	July 4
"Skate With Me"	Lesson #7	Thurs. 10:00 – 11:00	July 11
"Skate With Me"	Lesson #8	Thurs. 10:00 – 11:00	July 18
"Skate With Me"	NO CLASS	Thurs. 10:00 – 11:00	July 25

**Thursday 10 am
"Skate With Me"**

Mom or Dad can skate for **FREE!**
With one or more paid tot enrollment

CLASS NAME	LESSON NUMBER	DAY /TIME	DATE
"Skate With Me"	Lesson #1	Thursday 1:00 – 2:00	June 6
"Skate With Me"	Lesson #2	Thursday 1:00 – 2:00	June 13
"Skate With Me"	Lesson #3	Thursday 1:00 – 2:00	June 20
"Skate With Me"	Lesson #4	Thursday 1:00 – 2:00	June 27
"Skate With Me"	CLOSED –HAPPY 4TH!	CLOSED – HAPPY 4TH!	July 4
"Skate With Me"	Lesson #5	Thursday 1:00 – 2:00	July 11
"Skate With Me"	Lesson #6	Thursday 1:00 – 2:00	July 18
"Skate With Me"	NO CLASS -	Thursday 1:00 – 2:00	July 25

**NEW CLASS
Thur. 1:00 pm
"Skate With Me"**

Mom or Dad can skate for **FREE!**
With one or more paid tot enrollment

CLASS NAME	LESSON NUMBER	DAY /TIME	DATE
"Skate With Me"	Lesson #4	Friday 1:00 – 2:00	May 3
"Skate With Me"	Lesson #5	Friday 1:00 – 2:00	May 10
"Skate With Me"	Lesson #6	Friday 1:00 – 2:00	May 17
"Skate With Me"	Lesson #7	Friday 1:00 – 2:00	May 24
"Skate With Me"	Lesson #8	Friday 1:00 – 2:00	May 31
"Skate With Me"	"Bring a Friend Party" Free 3 hour public session	. Friday 1:00 - 4:00 You and your guests must have a free pass to attend	June 7
		1:00 Class will now be held on Thursdays.	

**Fri. 1:00 pm
"Skate With Me"**

Mom or Dad can skate for **FREE!**
With one or more paid tot enrollment

CLASS NAME	LESSON NUMBER	DAY /TIME	DATE
"Learn to Skate"	Lesson #8	Saturday 10:30 – 11:30	May 4
"Learn to Skate"	Bring a Friend Party!	Saturday 10:30 – 11:30	May 11
"Learn to Skate"	Lesson #1	Saturday 10:30 – 11:30	May 18
"Learn to Skate"	Lesson #2	Saturday 10:30 – 11:30	May 25
"Learn to Skate"	Lesson #3	Saturday 10:30 – 11:30	June 1
"Learn to Skate"	Lesson #4	Saturday 10:30 – 11:30	June 8
"Learn to Skate"	Lesson #5	Saturday 10:30 – 11:30	June 15
"Learn to Skate"	Lesson #6	Saturday 10:30 – 11:30	June 22
"Learn to Skate"	Lesson #7	Saturday 10:30 – 12:45	June 29
"Learn to Skate"	Lesson #8	Saturday 10:30 – 11:30	July 6
"Learn to Skate"	Bring A Friend	Saturday 10:30 – 11:30	July 13
"Learn to Skate"	Lesson #1	Saturday 10:30 – 11:30	July 20
"Learn to Skate"	Lesson #2	Saturday 10:30 – 11:30	July 27

Sat. 10:30-11:30

**"Learn to Skate"
Tot – Adult**

All participants must register to skate

ISI Club is every Saturday 11:45 - 12:45 -- \$5.00 per session. No refunds or 1/2 sessions.

Pay and sign in at the Pro Shop Before the session begins.

Private lessons with a Pro are separate and must be arranged in advance.

Call 262-7465 (ext. 236) Jan St. Clair or speak to the Pro of your choice.